



Presentation Medical Center

SMP Health System

213 2nd Ave. NE
P.O. Box 759
Rolla, ND 58367
701-477-3161
www.pmc-rolla.com

PRESENTATIONS

October 2011

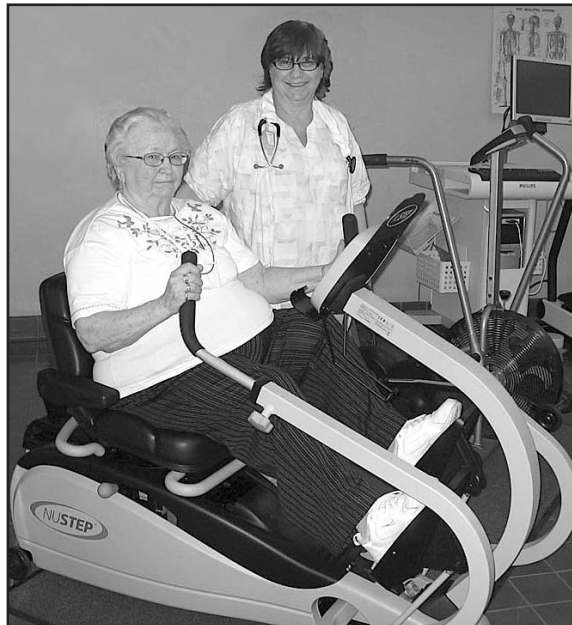
Take heart

Cardiac Rehab program gets new equipment

In June, a fund drive was started to raise money for new fitness equipment for the cardiac rehab program at Presentation Medical Center. The goal was to raise \$5,000 to purchase two pieces of equipment: a NuStep Recumbent Cross Trainer and an elliptical machine.

So far the efforts have brought in just over \$4,000. This was enough to purchase the recumbent cross trainer and leave a little left in the fund toward the elliptical machine.

The NuStep Recumbent Cross Trainer recently arrived and has already been put to good use by both cardiac rehab and physical therapy patients. "This is a great piece of equipment that allows the participant to remain seated in a comfortable, stable position, but still benefit from a cardiovascular workout as well as increase strength and muscle tone," said Vicki Lindseth, Cardiac Rehab Nurse. "The patients have been pleased with how easy it is to get seated and feel secure while doing their rehabilitation exercises."



Donna Wishart makes use of the new fitness equipment while Cardiac Rehab Nurse Vicki Lindseth supervises.

"The patients have been pleased with how easy it is to get seated and feel secure while doing their rehabilitation exercises."

Vicki Lindseth, PMC Cardiac Rehab Nurse

Now the goal is to raise the rest of the money needed for the elliptical machine, which will allow for variety in the program as well as benefit the physical therapy patients that utilize the fitness equipment.

Donations are tax deductible and can also be made in the form of a memorial to honor someone special in a meaningful way. Contributions can be sent to PMC and designated for the Cardiac Rehab Program.



From left to right are providers Beverly Greenwald, FNP-C, Penny Wilkie, MD, Sam Held, FNP-C

Clinic open house draws 100-plus

More than 100 people attended the Presentation Clinic Open House held at the end of August. Guests toured the clinic, enjoyed refreshments and visited with providers. Presentation Clinic is a Primary Care Clinic that offers head-to-toe care for every member of your family. Our dedicated staff uses innovative technology to provide patients with the ongoing, sophisticated care they deserve. All types of insurance are accepted including Medicare, Medicaid, BC/BS, and other commercial insurance. The providers are Penny Wilkie, M.D., Beverly Greenwald, F.N.P.-C, and Sam Held, F.N.P.-C. The clinic phone number is different from the hospital phone number. To make clinic appointments please call 477-5741.

Letter from the Administrator: A season of changes

Greetings,

I hope everyone has been able to enjoy the exceptional fall weather we have been fortunate to have. A lot of positive things have been happening lately at Presentation Medical Center. We now have Digital Mammography, the newest technology for breast cancer detection. October is Breast Cancer Awareness Month and a good time to schedule your mammography appointment. We have also enhanced our emergency services by implementing eEmergency, which is



explained in greater detail in this issue of Presentations. I hope you will take a moment to learn more about this innovative technology available right here. A new piece

of equipment has been added to the Cardiac Rehab and Physical Therapy Programs thanks to the generosity of memorials and donations, for which we are very grateful, and our Primary Care Clinic is open and busy.

Even with all the good things happening, sometimes negativity can find a way to surface. I would like to take this opportunity to address some of the misconceptions about a few local healthcare issues. My hope is to create a better understanding of some things that seem to be mis-

understood. Please look over the information below and I would encourage anyone with questions to contact me personally so that I may address your concerns accurately.

Let me assure you that we are committed to doing whatever we can to make sure Presentation Medical Center remains a valuable asset to this community and service area, and that our dedicated staff is committed to meeting the needs of those we serve.

Michael Pfeifer,
President/CEO

NOT TRUE

1. There is a feud between Presentation Medical Center (PMC) and Northland Community Health Center.
2. A hospital treats patients.
3. PMC has only three providers.
4. Rules and regulations are different for each provider that has privileges at PMC.
5. When a provider is unable/cannot care for their patient, they can just send them elsewhere.
6. Any provider can order services for their patients to be done at PMC.
7. Any provider can get privileges at PMC
8. Local providers have been locked out of PMC.
9. Until recently, the hospital and clinic have always worked together without any problem.
10. Rolla has no local health care.
11. Presentation Medical Center has a goal to monopolize health care in this community.

FACTS

1. There is no feud. Each of these organizations operates independently of one another and each has different needs. Decisions have been made based on those needs, which have led them to move in different directions.
2. Hospitals provide a place, and support services, for medical providers with privileges to care for their patients.
3. There are more than 60 credentialed providers with privileges at PMC.
4. All providers with privileges at PMC are bound by the exact same rules and regulations.
5. A provider is responsible for continuum of care (follow-up care) for their patients. If they are not available, they must make arrangements for the transfer of care of that patient, and it must be accepted by the new provider.
6. Only providers with privileges at PMC can order services for their patients to be done at PMC.
7. Providers must apply for and meet the qualifications necessary to be granted privileges. They must abide by the state and federal regulations, which include providing continuum of care for their patients.
8. Several months ago, the Providers from Northland Community Health Center chose to resign their privileges at Presentation Medical Center.
9. Discussions between the two organizations have been on going for several years about how to work together while still meeting the individual needs of each facility. The time has come to accept this is not feasible and move forward.
10. Providers at Presentation Medical Center provide emergency and inpatient acute care 24 hours a day, 7 days a week. Other services include a primary care clinic, specialty clinics, laboratory services, radiology, respiratory therapy, physical therapy, IV therapy, cardiac rehab and more.
11. The Rolla Community Hospital, that is now Presentation Medical Center, has been part of the community, serving Rolla and the surrounding areas for 71 years. The goal of our sponsors, the SMP Health System, and the staff at Presentation Medical Center is to continue to provide quality health care services locally for many years to come and to continue meeting the needs of those we serve.



ER Nurses Bonnie McDougall, RN, and Vickie Lindseth, RN, consult with a provider from Avera using eEmergency technology.

Presentation Medical Center Implements eEmergency Technology

eEmergency is part of Avera eCARE™, a suite of innovative technology applications developed to improve patient safety and support the rural health care workforce. This innovative service, now available at Presentation Medical Center in Rolla, links two-way video equipment in local emergency rooms to emergency-trained physicians at a central hub in Sioux Falls, 24 hours a day, seven days a week. This provides patients immediate access to physician-rendered emergency care in their local community.

“Board-certified emergency medicine physicians take a team approach,” says Dr. Don Kosiak, Avera eCARE Services medical director. “It can be beneficial when one of us does the critical thinking and another one of us is doing the physical care, so eEmergency is a play out of this team approach in the rural setting,” Dr. Kosiak explains, noting the access it gives rural providers, who often practice alone, to a consult on request.

Helping Patients and Families

Some of the ways eEmergency supports patient care in the local community include:

- Providing the availability of physician-rendered emergency care 24 hours a day, regardless of location
- Streamlining access to specialists for better outcomes for patients with trauma, heart attacks and other emergency care issues

- Supporting activation of emergency transport teams as early as possible, saving seconds

- Providing support when the local facility experiences multiple emergency cases at once

Reducing unnecessary transfers

Assuring patients’ families access to a specialty consultation at home

“eEmergency gives us the ability to extend and enhance the level of health care in our community,” says ER Co-Head Nurse Bonnie McDougall, RN. “It elevates the level of care that we can support in our Emergency Department to where we are able to give better care in our community and keep patients here because we have a great team standing right beside us at all times – at our fingertips when we need them.”

For more information about this new technology, please visit our website at www.pmc-rolla.com.

About Avera

Avera Health is the leading health system in the region providing high-quality care close to home at 297 locations in 95 communities. Avera’s unique partnership model makes possible a wide range of medical services through the expertise of specialists, sophisticated technology and cutting-edge research to meet the health care needs of local communities and providers.

We Are So Grateful:

MEMORIALS AND DONATIONS

In Memory of Georgiann and Leonard Krech
Gordon and Cheryl Krech - Cash donation for general fund

In Memory of Doris Thompson

Kriss and Gary Anderson - Cash donation for cardiac rehab fitness equipment

Donations:

Zumbathon Charity Event - \$2070 was raised for cardiac rehab fitness equipment

Amistad Charitable Fund - \$1,000 for cardiac rehab fitness equipment

John and Pamela Halone – Cash donation for cardiac rehab fitness equipment

PMC Denim Days Committee - \$1,000 for cafeteria ice machine
\$1,000 for cardiac rehab fitness equipment

St. Vincent DePaul Cookie Sale - Our Dietary department made more than 200 dozen cookies from scratch. \$1,500 was raised, from cookie sales and donations, for the Adam Untz family in Minot. They lost their home in the flood. Adam is a truck driver for FSA and delivers to PMC and other local businesses.

Your monetary and personal donations are greatly appreciated as well as the volunteering of your time and talents. If we have inadvertently forgotten anyone, please accept our sincerest apologies and contact Kimberly Samuelson at: 477-3161 ext. 250, so that we can add your name to the next issue of Presentations. If you would like to make a donation or find out how you can become a volunteer, please call 477-3161.



MAMMOGRAPHY MATTERS

When it comes to breast cancer, early detection is a woman's best defense. Mammograms can detect breast cancer before signs or symptoms of the disease occur, making treatment easier and more successful. If you are a woman over the age of 40, or you have a family history of breast cancer, be sure to schedule an annual screening mammogram. Your future could depend on it.

October is Breast Cancer Awareness Month

Call to schedule your mammography appointment. Do it for the ones you love. Do it Today!

701-477-3161



Presentation Medical Center
SMP Health System

Digital Mammography
Now Available



SPECIALTY CLINIC SCHEDULE

*All appointments are at Presentation Medical Center in Rolla. Please note that since Specialty Clinic Physicians only travel to Rolla once per month, appointment time slots are limited. If you are unable to keep an appointment please call so that we can make that time available for someone else.

OBSTETRICS/GYNECOLOGY

Timothy Bedell, MD
Appointments the third Friday of every month.

CERTIFIED ORTHOTIST/ PROSTHESIS

Steve Hodgson
Appointments made through PT Department

GENERAL SURGEON

Jay Kiessling, MD
Appointments the second and fourth Monday of every month.

MENTAL HEALTH SERVICE
Vickie Weathers-Mental Health
Clinical Nurse Specialist
Cheryl Sartain, PMHNP
Appointments every Wednesday

PODIATRIC SURGEON

Tyson Williams, DPM
Appointments the first Thursday of every month.

For additional information or to schedule an appointment,

Please call:

**Dr. Bedell, Dr. Percell,
Dr. Scott, Dr. Kiessling
or Dr. Williams:**
477-3161

Rural Mental Health:
477-3162 Ext. 231

CARDIOLOGIST

Robert Percell, MD
Appointments the third Thursday of every month.

PRESENTATION MEDICAL CENTER

CEO: Michael Pfeifer
Director of Nursing: Peggy McDougall, RN
CFO: Paula Wilkie
Utilization Review: Vivian Simpson, RN

Board of Directors:

Doug Kretschmar, Rolla
John Hardy, Rolla
Michael Pfeifer, Fargo
Nathan Neameyer, Rolla
Paul Grann, Perth
Sr. Dorothy Bunce, Valley City
Sr. Margaret Rose Pfeifer, Fargo
Sr. Marlyss Dionne, Valley City
Sheila Trottier, St. John

Presentation Medical Center 24 Hour Emergency Service 477-3161

Roy Cordy, M.D. Emergency
Penny Wilkie, M.D. Emergency/Clinic
Beverly Greenwald, F.N.P.-C Emergency/Clinic
Jody Sharp, F.N.P.-C Emergency

October is Breast Cancer Awareness Month
Call to schedule your mammography appointment.
Do it for the ones you love. Do it Today!

701-477-3161



Presentation Medical Center
SMP Health System

**Digital Mammography
Now Available**

**Looking for career opportunities?
Check Job Listings
on our Website at**

www.pmc-rolla.com



Presentation Clinic

SMP Health System

477-5741

Located in Presentation Medical Center, Rolla

Meeting the needs of those we serve

Providers:

Penny Wilkie, MD
Beverly Greenwald, FNP-C
Sam Held, FNP-C

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SMP Health System

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