



Presentation Medical Center

SMP Health System

213 2nd Ave. NE
P.O. Box 759
Rolla, ND 58367
701-477-3161
www.pmc-rolla.com

PRESENTATIONS

May 2011

Specialty clinic now includes OB/GYN

Presentation Medical Center welcomes Dr. Timothy Bedell to our Outreach Specialty Clinic. An obstetrician and gynecologist, Dr. Timothy Bedell is dedicated to providing individualized care that meets a woman's changing needs throughout her lifetime.

He has subspecialty interests in gynecologic surgery and urogynecology, including the treatment of incontinence and pelvic prolapse. He is also experienced in minimally invasive surgery, for which he was accorded the 2010 Laparoscopic Surgery Award from the American Association of Gynecologic Laparoscopists.



Dr. Bedell

In addition to Dr. Bedell, the PMC Outreach Specialty Clinic also includes Podiatric Surgeon Tyson Williams, DPM; Cardiologist Robert Percell, MD; Orthopedic Surgeon E. Dexter Scott, MD; General Surgeon Jay Kiessling, MD; and Clinical Nurse Specialists Vickie Weathers and Cheryl Sartain, PMHNP, who provide mental health services. For appointment information please see the Outreach Specialty Clinic Schedule listed in this publication. Remember you can call directly to schedule your own appointment.

More information about each of these providers, the services available and how to make an appointment is also available on our website at www.pmc-rolla.com or you can call Presentation Medical Center at 477-3161.

Now Open

Presentation Clinic

We are pleased to announce that a new service has been added to the list of many already available at Presentation Medical Center.

Presentation Clinic opened on April 28th.

The clinic will offer head to toe care for every member of your family.

Our dedicated staff will use innovative technology to provide patients with the ongoing, sophisticated care they deserve.

All types of insurance will be accepted including Medicare, Medicaid, BC/BS, and other commercial insurance.

Providers will be Penny



**Always Here.
Always Ready.**

Wilkie, M.D. and Beverly Greenwald, F.N.P.-C.

Please note that the clinic phone number is dif-

ferent from the hospital phone number. To make

clinic appointments please call 477-5741.

A fair to remember

Annual event set for Tuesday, May 10

Once again Presentation Medical Center will host the annual spring Health Fair during National Hospital Week. The event will be held in the lower level of the hospital on Tuesday, May 10, from 7:00 am-2:00 pm.

Lab Wellness Panels will be offered for a special price of \$30. Fasting for 12-15 hours is required prior to having your blood drawn for the Wellness Panel. Your results will be sent directly to you, so that you can share them with your medical

provider.

In addition to the Lab Wellness Panels, many presenters will have booths with information about a variety of health services that are available locally, including numerous services that are offered right here at Presentation Medical Center.

There will be drawings for door prizes, lots of great giveaway items and healthy snacks will be served. If you would like more information about the Health Fair visit our web site at www.pmc-rolla.com.

Letter from the Administrator: A season of changes

Greetings. Presentation Medical Center (PMC) has had many things going on over the last several months and in this issue you will see articles going into more detail on areas such as our new digital mammography equipment and the health fair.

We welcome the services of Timothy Bedell, OB/GYN, to our Specialty Clinic and would like to remind you that we have several providers that visit our facility who offer a range of specialty services through our Specialty Clinics.

Of course we also extend our gratitude to those who have remembered Presentation Medical Center with your donations and memorials including the new chairs in the lobby and



board room which were donated by the PMC Hospital Auxiliary. Some of you may have noticed while visiting that Administration has moved and the space has been converted into a clinic to see patients.

We are pleased to be able to provide clinic services to this community and the surrounding area through Presentation Clinic.

I think you will find it convenient to have clinic and other support services such as Lab and Radiology all in one place. Please call us or visit our website for more information about the new clinic services.

I would like to cover a few areas in brief that you will hopefully find of interest. PMC ended its financial year (our fiscal year is October 1st through September 30th) for 2010 with a positive bottom line from operations of \$4,587. While the amount is not large, it represents a change from the prior year of a loss from operations of \$183,992. Operationally we looked at all parts of how we operate and were able to streamline things with the result

being positive.

We have and are looking to enhance services and programs to improve the healthcare you receive from us.

We are in the process of implementing the final modules of the electronic health record which will provide records for both hospital and clinic patients. On a federal and state level there are many changes, proposed changes, and uncertainty as to what health care will look like in the future.

Our goal at Presentation Medical Center is to provide health services to the local communities while partnering with regional health care providers to insure a continuum of care for those we serve.

Zumbathon: 'Exercise in disguise' makes every move count

A Zumbathon Charity event will be held on Thursday, June 2 from 5:30-7:00pm in the gymnasium at Mt. Pleasant School in Rolla. This event is open to all Zumba fitness enthusiasts. Whether you attend classes, work out with the DVDs, enjoy playing the Video game, or just want to give Zumba Fitness a try, this is an event you won't want to miss. You can shimmy, shake, smile and sweat with your friends as local Zumba instructors lead you through a fitness class that feels like a party!

Discover for yourself why they say Zumba Fitness is "exercise in disguise."

The cost is \$20 which can be paid at the door or participants can pick up a pledge sheet if they would like to get sponsors for the fee. Prizes will be awarded for the most pledges collected, and there will be drawings for door prizes. Pledge sheets will be available at the admissions desk at the hospital, or stop by the Zumba Fitness booth at the Health Fair on May 10.

All proceeds will go to the

Presentation Medical Center Cardiac Rehab program to purchase fitness equipment. The goal is to raise \$5,000 which should be enough for a Nu-Step Recumbent Cross Trainer and an Elliptical Machine. This equipment can also be used by the Physical Therapy Department so it will benefit the many patients that utilize these services.

Everyone is welcome to join the fun! You can try it for a few minutes or stay for the whole party. This is a fitness event and participants should wear appro-

priate clothing and shoes for a work out. The moves can be modified for just about anyone at any fitness level including beginners and mature bodies. Each participant can work within their own range of capabilities, but you should discuss any medical concerns with your health care provider to get their approval for your participation. If you have any questions about this Zumbathon Charity Event please contact event coordinator Kimberly Samuelson at 477-3162 ext. 250.

Hospital Auxiliary donates new chairs for waiting area

If you noticed the beautiful new chairs in the lobby waiting area at Presentation Medical Center (PMC) we would like you to know those were recently purchased by the PMC Hospital Auxiliary as well as new chairs for the board room. Over the years the Auxiliary has supported the hospital with many generous gifts. Such things as carpeting for the lobby areas, visitors lounge and hallways, blinds for patient rooms, a backup generator, and automatic doors for the front entrance to the hospital are some of the things they have provided, as well as their gifts of

time and talents. We are so grateful for all that they do and would like to thank this special group of ladies who are very important to Presentation Medical Center.

Since the development of their organization in 1964, the members of the PMC Hospital Auxiliary have played a significant role in a variety of activities at the hospital such as craft sales, raffles, bingos and banquets. There was a time when they were the ones that pushed a cookie and coffee cart along the halls of the hospital and long term care unit, serving refreshments to patients, their family

and visitors. In more recent years they have been very helpful by showing hundreds of third graders from area schools around the hospital when they come for tours each spring.

The source of income for their organization these days is the gift shop and vending machines at the hospital. They currently have fifteen active members and they are: Anna Pederson, Vera Ball, Elizabeth Hagen, Ellen Kaleva, Doris Kaleva, Lee Crosby, Marcella Crosby, Esther Krumweide, Grace Morin, Lyla Bertsch, Velma Gapp, Erma Mickelson Lillian Johnston, Elinor Marcil

and their President Velma Raasakka. There wasn't time to get them all together for a picture for this publication but you can see them on our website at www.pmc-rolla.com.

They would like you to know that new members are always welcome! All that is required to become a member of the PMC Hospital Auxiliary is that you attend meetings on the fourth Monday of the month (there are no meetings December - February) and you must pay the yearly membership dues of \$1. If you are interested in becoming a member please contact Velma Raasakka.



Charolette Lassonde, left, and Esther Krumweide

Digital mamography now available

Presentation Medical Center (PMC) now offers the newest technology for breast cancer detection. Digital mamography is different from conventional mammography in how the image of the breast is acquired and, more importantly viewed. The radiologist can magnify the images, increase or decrease the contrast and invert the black and white values while reading the images. These images allow the radiologist to better evaluate areas of concern.

PMC was able to attain this new, state of the art equipment with the help of a grant from The Leona M. and Harry B. Helmsley Charitable Trust. There were a few modifications that had to be made to the radiology department to accommodate the new machine and patients seem to agree the changes have been beneficial.

The mammography room is now much larger, with a changing area inside. "It is very nice to be able to change in the same room and not have to walk down the hall like we did be-



Velma Raasacka, left, and Charmange Disrud

fore," commented one patient. Other patients have remarked about the comfort this latest equipment provides, "I was surprised at the difference," stated one. "The exam was much more tolerable, it's really not bad at all," declared another.

Members of the Rolla Arts Council also got involved in the project by painting murals on the wall in the exam room. "We are very lucky to have such a talented group of artists in our community who were willing to volunteer their time to bring a personal touch to the new mammography

room," says LaRae We-lander, PMC Mammography Technologist. "They did a wonderful job and we have had many positive comments about the murals. It is heartwarming to have community involvement in our facility's project."

Presentation Medical Center hopes to increase the number of area women who follow recommendations for regular screenings by providing the latest technology in mammography right here in our community. To make an appointment for your mammogram call 477-3161.

We Are So Grateful:

MEMORIALS AND DONATIONS

In Memory of Georgiann and Leonard Krech

Gordon and Cheryl Krech - Cash donation for general fund

In Memory of Annabelle Harmon

Glenn and Mae Murphy - Cash donation for general fund

In Memory of Doreen "Bing" Kakela

Cooky Bertsch - Cash Donation for Comfort Care

Wade and Gayle Burgess - Cash donation for general fund

In Memory of Mary O'Donnell

Walter & Janice Kriewald - Cash donation for Comfort Care

In Memory of Tom Munro

Wade and Gayle Burgess - Cash donation for general fund

Darlene Thomas - Cash donation for general fund

Kimberly Samuelson - Cash donation for general fund

In Memory of Eugene Martinson

Euegene Martinson Family - Cash donation for Swing Bed

In Memory of Doris Anderson

Brian and Jodi Atkinson - Cash donation for general fund

Donations:

Linda Bursinger - Easter Candy, Bingo Prizes and Craft Supplies for patients

Paula Munro-Cash donation for general fund

Ruth Martell - Cash donation for Swingbed Residents/Activity Department

Rose Morin - Cash donation for Swingbed Residents/Activity Department

Roy Cordy - Cash donation for Swingbed Residents/Activity Department

Denim Days Committee - Cash donation for Swingbed Residents/Activity Department

PMC Hospital Auxiliary-Chairs for the lobby and Board room.

Your monetary and personal donations are greatly appreciated as well as the volunteering of you time and talents. If we have inadvertently forgotten anyone, please accept our sincerest apologies and contact Kimberly Samuelson at: 477-3161 ext. 250, so that we can add your name to the next issue of Presentations. If you would like to make a donation or find out how you can become a volunteer, please call 477-3161.

SPECIALTY CLINIC SCHEDULE

*All appointments are at Presentation Medical Center in Rolla. Please note that since Specialty Clinic Physicians only travel to Rolla once per month, appointment time slots are limited. If you are unable to keep an appointment please call so that we can make that time available for someone else.

OBSTETRICS/GYNECOLOGY

Timothy Bedell, MD
Appointments the third Friday of every month.

ORTHOPEDIC SURGEON

E. Dexter Scott, MD
Appointments the fourth Thursday of every month.

MENTAL HEALTH SERVICE

Vickie Weathers-Mental Health Clinical Nurse Specialist,
Cheryl Sartain, PMHNP
Appointments every Wednesday

GENERAL SURGEON

Jay Kiessling, MD
Appointments the second and fourth Monday of every month.

PODIATRIC SURGEON

Tyson Williams, DPM
Appointments the first Thursday of every month.

For additional information or to schedule an appointment,

Please call:

**Dr. Bedell, Dr. Percell,
Dr. Scott, Dr. Kiessling
or Dr. Williams:**
477-3161

Rural Mental Health:
477-3162 Ext. 231

CARDIOLOGIST

Robert Percell, MD
Appointments the third Thursday of every month.

PRESENTATION MEDICAL CENTER

CEO: Michael Pfeifer

Director of Nursing: Peggy McDougall, RN

CFO: Paula Wilkie

Utilization Review: Vivian Simpson, RN

Board of Directors:

Nathan Neameyer, Rolla

Doug Kretschar, Rolla

Paul Grann, Perth

Sr. Dorothy Bunce, Valley City

Sr. Margaret Rose Pfeifer, Fargo

Sr. Marlyss Dionne, Valley City

Sheila Trottier, St. John

Michael Pfeifer, Fargo

Presentation Medical Center 24 Hour Emergency Service 477-3161

Roy Cordy, M.D. Emergency

Penny Wilkie, M.D. Emergency/Clinic

Beverly Greenwald, F.N.P.-C Emergency/Clinic

Jody Sharp, F.N.P.-C Emergency

Coming Events

HEALTH FAIR

**Tuesday, May 10, 2011
7 a.m. to 2 p.m.**

JOB OPENING

Full-Time RN

**Looking for career opportunities?
Check Job Listings on our
Website at www.pmc-rolla.com**

PMC SERVICES

Specialty Clinic

Cardiac Rehab

Cardiac Stress Testing

Chemotherapy

Inpatient/Outpatient Surgery

Physical Therapy

Rural Mental Health Consortium Services

Presentation Clinic Now Open

Full Service Laboratory

Blood Bank Tests

Coagulation

Chemistry Tests to include:

Cardiac markers

Metabolic & Lipid Panels

Therapeutic Drug Tests

Thyroid (TSH)

Emergency Room and Acute care available 24 hrs



**Presentation
Medical
Center**

SMP Health System

Always Here.

Always Ready.

Radiology

Diagnostic X-ray

Ultrasound

M.R.I.

C.T. Scan

Nuclear Medicine

Digital Mammography

Respiratory Therapy

Home R.T. Equipment

EKG

EEG

PFT's

BOXHOLDER ECRWSS

NONPROFIT ORG.
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Rolla, ND

Permit No. 49

Presentation Medical Center
SMP Health System

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