

PRESENTATIONS

Presentation Medical Center

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ND Leads the Way in Telepharmacy

Presentation Medical Center (PMC) is excited to be able to offer patients the advantages of a new service called Telepharmacy. This latest technology will help ensure pharmacy services are accessible to our patients at all



times. At the same time it can alleviate some of the stress put on our local pharmacists by allowing them time off without abandoning the needs of patients.

Living in a rural community we are fortunate to have local pharmaceutical services. However, let's imagine someone needing emergency service over the weekend, the local drug store is closed and the hospital pharmacist was for some reason unavailable. That person could potentially have to wait more than a day to get a prescription filled. There are times when that could be a very serious situation. This scenario places a lot of pressure on our local pharmacists to always be available.

"It is important for people to understand this is not an alternative to getting their prescriptions filled at the drug store," says PMC pharmacist Pam Kaleva "They should continue to get their regular prescriptions filled at the local pharmacy during the hours it is open. This technology gives the hospital a back up plan so that if our pharmacist was unable to make it to work due to illness or bad weather or some other unexpected event, we can still meet the needs of our patients."

We live in a state where people are spread out over great distances. There are 53 counties in North Dakota and 27 of those counties are classified as "frontier", which means there are fewer than six people per square mile in those counties.

There are many small communities that do not have or cannot support a pharmacy. The reality is, until recently, some people would have to travel as much as 90 miles each way to get a prescription filled. Since North Dakota began blazing the trail

in a new frontier called Telepharmacy, approximately 40,000 rural citizens have had their pharmacy services restored, retained, or established through the North Dakota Telepharmacy Project.

This project includes Central Pharmacy sites and remote Telepharmacy

sites. There are fifty seven pharmacies involved and Presentation Medical Center is one of thirteen hospital pharmacies participating, with the rest being retail pharmacies. Thirty three counties in North Dakota are involved in the project and two in Minnesota. If you want to find out if the drug store near you is participating in this project, it is best to ask your local retail pharmacist.

Pharmacists are able to provide pharmaceutical care to patients at a distance with the use of state-of-the-art telecommunications technology. Through the North Dakota Telepharmacy Project, a licensed pharmacist at a central pharmacy site supervises a registered pharmacy technician at a remote Telepharmacy site. The technician prepares the drug for dispensing by the pharmacist. Through the use of video conferencing technology, the Pharmacist is able to communicate face to face in real time with the technician and the patient through audio and video computer links.

"I'm thrilled about having the opportunity to access the hospital Telepharmacy project in North Dakota," states Kaleva. "This is cutting edge technology for the profession of pharmacy. It has been made possible because of a federal grant received through the North Dakota State University College of Pharmacy. I owe them a lot for my peace of mind concerning pharmacy resources available to PMC if I need to stay home some day due to illness or bad weather."

With Telepharmacy, access to quality health care for communities nationwide has been expanded, primarily in medically

underserved or rural areas, and North Dakota has been a pioneer leading the way in this new territory. Presentation Medical Center is proud to be a part of this new development in the field of Health Care. Embracing new technology is just one of the ways Presentation Medical Center is working to provide for the Health Care needs of this community.

Internist Joins Medical Staff

Lerdo Martin Cocal, M.D. is a Specialist in Internal Medicine and the newest member of the Presentation Medical Center medical staff. He will provide service in the various specialities of adult medicine including Diabetes Mellitus, Coronary or Cardiac Diseases, Pulmonary Diseases and the different diseases encountered with acute and chronic illnesses.



Dr. Cocal grew up in the farmland of the southern part of the Philippines. He received his medical degree at the University of the East RM Memorial Medical Center in Quezon City, Philippines. Upon moving to the U.S., he served as Administrative Assistant and Staff Researcher at the University of California in Los Angeles and completed his internship and residency at the Kansas University and King-Drew University Medical Centers.

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LETTER FROM ADMINISTRATOR

We are pleased to welcome Lerdo Cocal, MD, to Rolla Clinic, Presentation Medical Center and our communities. Dr. Cocal is coming to North Dakota from California and tells me he is enjoying our weather. Please welcome him to North Dakota and assure him that spring will come. You can read more about Dr. Cocal's background on page 1.

Presentation Medical Center is also pleased to highlight the availability of Telepharmacy. This technology allows for greater flexibility and greater access to the services of a Pharmacist. This equipment was made possible through a grant from the North Dakota State University College of Pharmacy. If the weather is bad, we can see and talk to our Pharmacist, Pam Kaleva, right in her own home.

This issue of Presentations also highlights the changes that we have made to our Emergency Department and Outpatient area. During our fiscal year that ended on September 30, 2006, we saw 6,018 patients in

the Emergency Department. That figure does not include the patients who see Dr. Gardner, the Surgeon, or the Physicians from Minot. By remodeling, we have tried to make the rooms more comfortable for the patients and efficient for the staff. It is amazing how changing the way the doors open allow for greater efficiency. I hope you never need to use this area, but know that we are here if you ever need us.

We also take this opportunity to highlight Presentation Medical Center's Community Benefit. During our Fiscal Year Ending September 30, 2006, we provided \$1,055,880 of benefit to our community. As seen from the information provided, Presentation Medical Center is a valuable member of the community and serves a vital role for the many individuals requiring health care service and information.

The Senior Companion Program is discussed. I hope that those seniors with time to share will consider joining this program to serve as

a companion for others in our communities. Events that will be held at Presentation Medical Center in the near future are also highlighted. I would again like to remind everyone to learn CPR. Early CPR is the first link in the chain of survival. If you love someone, you should know CPR. There is nothing worse than not knowing what to do in an emergency, particularly if it is your spouse, child, grandchild, etc.

As always, I would also like to thank those who have remembered Presentation Medical Center with your donations and memorials. Your gifts are greatly appreciated and assist us in continuing to care for our Community.


Kimber W. W. W.

Internist Joins Medical Staff Continued from page 1

Having come from the sunny comforts of California, Dr. Cocal is anticipating a change of pace and the chance to enjoy all the seasons, even winter. He is delighted for the opportunity to try cross country ski-

ing, fishing and hunting and would also like to go back to being active in sports such as tennis, swimming and golf.

As an Internist, Lerdo Martin Cocal, M.D. is a wonderful addition to our medical team which includes a Family Practice Physician, a General Surgeon, three

Physician Assistants and a Nurse Practitioner.

Dr. Cocal will be seeing patients at Rolla Clinic, P.C. and at the hospital. You may schedule an appointment with him by calling the clinic at 477-3111.

ER Gets An Overhaul

Presentation Medical Center's three emergency rooms along with the outreach service room have been renovated. The goal of the project was to increase functionality of the area, which would improve efficiency of the space for health care providers, as well as provide a more comfortable setting for patients receiving care. This was accomplished by replacing bulky cabinets with new smaller ones in order to create more space. Purchasing portable carts that can be stocked and moved to a room as they are needed also helped create space and reduce the need to stock certain items in every room.

Exam lights were installed and piped oxygen was added to one of the rooms that previously did not have it. New doors that open in a different direction will make the task of moving gurneys and equipment in and out of the rooms much easier. With all of these changes came the need for painting and new flooring which brought an updated look to the rooms as well.

The PMC Emergency and Outreach area services more than 6,000 patients each year and had gone more than 30 years with out much renovation. Funds for this project were raised with events like the Harvest Ball, the Masquerade Jewelry Sale and from the generosity of many individuals who made donations for the cause.

Community Benefit

Catholic and other not-for-profit health care providers like Presentation Medical Center have a long history of providing significant benefits to the communities they serve. During the fiscal year ending September 30, 2006, Presentation Medical Center provided benefits to the poor and broader community of Rolette County as described below. Approximately 9,234 people benefited from these services.

	Community Persons Served	Number of Benefit
Benefits for Low Income:		
Cost of Traditional Charity Care	30	\$ 61,887
Unpaid Costs of Medicaid	4,821	\$ 795,931
Non-billed Services	135	\$ 7,517
Cash and in-kind Donations	9	\$ 1,000
Total Benefits to Low Income	4,995	\$ 866,335
Benefits for the Broader Community:		
Medical Education for the Community	1,801	\$ 88,454
Health Professions Education	318	\$ 26,122
Cash/in-kind Donations	2,120	\$ 74,969
Total Benefits for the Broader Community	4,239	\$ 189,545
Total Quantifiable Community Benefit	9,234	\$1,055,880

Presentation Medical Center provided \$1,055,880 of benefit to our community. These services are provided to help strengthen and address the needs of the communities that we serve. Presentation Medical Center serves a vital role for the many individuals requiring health care service and information. PMC strives to be a good community citizen by being who we are and what we do by continually providing services that serve a need in the community.

C.P.R. Classes Offered

Every February we are reminded about Heart Health, as it is American Heart Month. On February 17, Presentation Medical Center held a community C.P.R. class to train individuals on American Heart Association Adult C.P.R., Obstructive Airway Management and A.E.D. Instruction.

C.P.R. means Cardiopulmonary Resuscitation and even though it is easy to learn, surprisingly, the vast majority of Americans don't know how to do it. Almost 80 percent of cardiac arrests occur at home and are witnessed by a family member. Currently the survival rate of cardiac arrest victims is less than 5 percent. C.P.R. can double a victim's chance of survival by maintaining vital blood flow to the heart and brain until more advanced care can be given.

In the past year C.P.R. standards have changed, so even if you have taken a class before it may be time to take it again. The next class will be offered at the hospital in June for anyone age 12 and up. There is a fee of \$25 to cover the cost of the manual and equipment used in the class; however, that is a pretty small investment for the knowledge that could potentially save a life. Presentation Medical Center also has instructors available to come to your group or organization and give a class. For more information about C.P.R. classes please contact Chris Boe at 477-3161 ext. 271.

Senior Companion Program

Presentation Medical Center is sponsoring a new and beneficial program that began in January of this year. This new program is the Senior Companion Program. The program is not new to our community as it was previously sponsored by Rolette County Social Services. The Senior Companion Program came to North Dakota in 1981 with the support of Lutheran Social Services.

Can You Be Someone's Senior Companion?

Senior Companions are: Over age 60, can volunteer 20 hours a week, have a limited income, and love to help their neighbors.

You do not need medical or technical skills to be a Senior Companion.

Senior Companions offer adults contact with the world outside of their homes and make their lives less lonely. Along the way companions find out that few things feel as good as knowing you are needed.

Senior Companions receive training, annual physical examinations, help with transportation costs, and a stipend.

Most importantly, Senior Companions receive a friendship that can last a lifetime. If you are interested in being a Senior Companion or know someone who would enjoy the company of a companion, please contact Brenda Bergsrud, extension 277 or Sister Mary Agnes Huber at extension 244 at Presentation Medical Center, 477-3161.

COMING EVENTS

Tuesday, March 20, 12:30-5:30pm: Blood Drive

Friday, March 23, 11:30am: Health Matters Free Luncheon "Donate Life"

Thursday, April 26, 11:30am: Health Matters Free Luncheon "Managing Grief"

Tuesday, May 8, 7am-5pm: Healthy Community Day

Friday, May 11, 8am-6pm: \$5 Jewelry Sale

June: Community CPR Class

For more information about these events contact Kimberly Wilhelmi, Public Relations Director at 477-3161 ext. 250.

We Are So Grateful:

DONATIONS:

Bernice Bromberg- Cash donation for Renovation of the PMC Emergency Department and Outpatient area.

From the Estate of Elma Bromberg- Cash donation for Renovation of the PMC Emergency Department and Outpatient area.

Dr Duane and Bobbie Glasner- Cash donation for Renovation of the PMC Emergency Department and Outpatient area.

Joyce Rogers -Cash donation to the Elizabeth Pinney Nursing Education Fund.

Christmas Gift Donations for renovation of PMC Emergency Department and Outpatient Area:

Jeanette Festvog

Janine Gustafson

Bonnie Mc Dougall

Becky Rush-Johnston

Kimber Wraalstad

Randy and Stacey Wraalstad

MEMORIALS

In memory of Martha Juntunen:

From: Marcella Crosby- Cash donation to the Elizabeth Pinney Nursing Education Fund.

In memory of Francis Gapp:

From: The Family of Francis Gapp- Donation of a Continuous Positive Airway Pressure machine.

In memory of Gordon Hendrickson:

From: Tammy Larson- Cash donation for Renovation of the PMC Emergency Department and Outpatient area.

In memory of Leota Parslow:

From: Arne and Janie Boyum- Cash donation for the Elizabeth Pinney Nursing Education Fund.

From: Larry and Bev Bonn- Cash donation for Renovation of the PMC Emergency Department and Outpatient area.

In memory of LaWonda Tonn:

From: Larry and Bev Bonn- Cash donation for Renovation of the PMC Emergency Department and Outpatient area.

In memory of Beryl Rogers:

From: Joyce Rogers- Cash donation for Renovation of the PMC Emergency Department and Outpatient area.

Your monetary and personal donations are greatly appreciated as well as the volunteering of your time and talents. If we have inadvertently forgotten anyone, please accept our sincerest apologies and contact Kimberly Wilhelmi at: 477-3161 ext. 250, so that we can add your name to the next issue of Presentations. If you would like to make a donation or find out how you can become a volunteer, please contact Kimber Wraalstad at 477-3161.

Out Reach Physician Clinic Schedule

*all appointments are at Presentation Medical Center in Rolla unless otherwise stated. Please note that since Out Reach Physicians only travel to Rolla once per month, appointment time slots are limited. If you are unable to keep an appointment please call so that we can make that time available for someone else.

GENERAL SURGEON

Norman Gardner, MD, FACS

Has appointments Mon., Wed. and Fri.
Please call 477-3161 for an appointment.

OPHTHALMOLOGIST

Evelyne Kindy, MD

Has appointments the third Thursday of every month. Mar. 15, Apr. 19, May 17, June 21
Please call 477-5656 for an appointment.

CARDIOLOGIST

Robert Percell, MD and Gaby Aoun, MD

Have alternating appointments the second Wednesday of every month.
Mar. 14, Apr. 11, May 17, June 13
Please call 477-3161 for an appointment.

ORTHOPEDIC SURGEON

E. Dexter Scott, MD

Has appointments the fourth Thursday of every month.
Mar. 22, Apr. 26, May 24
Please call 477-3161 for an appointment.

PODIATRIC SURGEON

Tyson Williams, DPM

Has appointments the first Thursday of every month. Mar. 15, Apr. 5, May 3, June 7
Please call 477-3161 for an appointment.

EAR, NOSE, THROAT

Robert Love, MD

Has appointments every second Friday of every month. Mar. 9, Apr. 13, May 11, June 8
Please call 1-800-862-0005 for an appointment.

MENTAL HEALTH SERVICES

Vickie Weathers - Mental Health Clinical Nurse Specialist

Has appointments every Wednesday afternoon at PMC.
Vickie Weathers: 477-3161 Ext.231 or 232

For additional information or to schedule an appointment, please call:

Dr. Aoun, Dr. Gardner, Dr. Percell, Dr. Scott, or Dr. Williams: 477-3161
Dr. Love: 1-800-862-0005
Dr. Kindy at Rolla Eye Clinic: 477-5656,
Vickie Weathers: 477-3161 Ext.231 or 232

PRESENTATION MEDICAL CENTER

CEO: Kimber Wraalstad

Director of Nursing: Peggy McDougall

CFO: Paula Wilkie

Utilization Review: Vivian Simpson

Board of Directors:

Armand Lagasse, Rolla

Bonnie Muehlberg, Rolette

Sr. Elizabeth Rose Muscha, Mandan

Sr. Margaret Rose Pfeifer, Fargo

Sr. Anne Germaine Picard, Harvey

Sheila Trottier, St. John

Kimber Wraalstad, Rolla

**Presentation Medical Center
24 Hour Emergency Service
477-3161**

Family Practice Doctor:

Michael Questell, D.O.

Specialty Physicians:

Norman Gardner, M.D., FACS General Surgeon

Lerdo Martin Cocal, M.D., Internal Medicine

Physician Assistants and Family Nurse

Practitioners:

Wayne Kartes PA-C, FNP

Adam Smith PA-C

Nonnie Charbonneau PA-C

Annie Gerhardt FNP-C

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